

"So Others May Live"

AVIATION RESCUE SWIMMER (AIRR)



AMERICA'S
NAVY
FORGED BY THE SEA

**AMERICA'S
NAVY**

QUALIFICATIONS

Both males and females are eligible to become Aviation Rescue Swimmers. To qualify for Rescue Swimmer training, you must:

- Meet specific eyesight requirements: 20/100 correctable to 20/20 in both eyes with no color blindness
- Meet the minimum Armed Services Vocational Aptitude Battery (ASVAB) score: VE+AR+MK+MC=210 or VE+AR+MK+AS=210
- Be age 30 or younger
- Be a U.S. citizen

PHYSICAL SCREENING TEST REQUIREMENTS

To qualify for the Navy AIRR program, you must complete the following minimum Physical Screening Test Requirements:

PHYSICAL SCREENING TEST REQUIREMENTS

To qualify for the Navy AIRR program, you must complete the following minimum Physical Screening Test Requirements:

- Swim 500 yards in 12 minutes
- Rest 10 minutes
- Perform 42 push-ups in 2 minutes
- Rest 2 minutes
- Perform 50 sit-ups in 2 minutes
- Rest 2 minutes
- Perform 4 pull-ups in 2 minutes
- Rest 10 minutes
- Run 1.5 miles in 12 minutes or less

Note: If you're pursuing an AIRR position, much better PST scoring is expected.

MORE INFORMATION
Visit navy.com/AIRR for more details. Or find a local recruiter
by calling **1-800-USA-NAVY**.

[illegible]

- Saving pilots of downed aircraft, people aboard stranded or capsized vessels at sea, or even hikers and mountain climbers in danger on land
- Rescuing civilians during natural disasters and collaborating with other forces, such as the Coast Guard – like the joint rescue missions that saved thousands of lives in the aftermath of Hurricane Katrina, Hurricane Rita and the tsunami in Indonesia
- Working as a Crew Chief on an H-60 helo, where the primary duties are to make sure the rescue swimmer and the pilot are in sync and to operate the hoist in rescues
- Delivering aid and supplies to other countries in humanitarian operations
- Providing support to Naval Special Warfare Operations
- Conducting surveillance in antisubmarine warfare and drug interdiction operations
- Transporting troops and cargo to and from ships

Your work setting is unique in that it could be just about anywhere, helping just about anyone. A family on the other side of the globe, desperately trying to survive a destructive storm. The crew of a sinking ship off the Pacific coast. Even a wounded mountain climber hanging from a nearly inaccessible cliff. Whatever the nature of the situation, you will be prepared to take action. What's more, you will regularly provide support in relief missions around the world, responding to everything from the need for humanitarian outreach to natural disasters.

**AMERICA'S
NAVY**

READY TO TAKE THE NEXT STEPS?

Once you're inspired, better informed and seriously interested, here's how to proceed:

1. TALK TO YOUR RECRUITER

- Find a local recruiter at navy.com/locator
- Ask questions
- Discuss your long-term goals
- Review your qualifications
- Go over relevant financial incentives and bonuses

2. APPLY FOR THE POSITION

- Go to navy.com/apply, follow the link at the bottom and complete the online application
- Provide personal information that includes your birth certificate, social security card and professional details (if applicable)
- Take the Armed Services Vocational Aptitude Battery (ASVAB) to help assess your skills and interests
- Pass a full medical examination
- Participate in a precommitment interview

3. BEGIN YOUR TRAINING

- Attend Boot Camp in Great Lakes, Illinois (7 to 9 weeks)
- Get advanced skills training at a Navy "A" School (time varies depending on specialty)
- From there, you're ready to start serving among the most accomplished and respected professionals in the world

MORE INFORMATION

- Visit [facebook.com/NavyAirRescue](https://www.facebook.com/NavyAirRescue) to ask questions. Get answers.
And connect with others just like you.

NOTES

[illegible]